

Connecting the past to the present

Supporting BADU and the Soul Garden

The Soul Garden Outreach was formed in 2016 with the aim to provide a week long holiday for children of the Bulgarian orphanages. The program consists of yoga, meditation, art, sport and creative session, the program runs Monday to Friday, in the mountain town of Apriltsi, Bulgaria. The children do not have proper shoes or personal goods and mostly survive on very limited food, often confined to one room for 20 hours per day.

Mr Dent is joining Badu in this expedition and we are supporting him! We had a Bulgarian food tasting and we raised money for essential items for the children. ASPIRE ambassadors are going to collect these items with the money raised.









Connecting the past to the present

Supporting BADU and the Soul Garden

Bulgarian food tasting!

